Mosquitoes spread serious diseases, like West Nile virus. West Nile virus can cause severe illness, even death.

**West Nile virus is dangerous for people over 50.**

It can cause long-term health problems including:

- Difficulty walking
- Loss of independence
- Memory loss

Protect yourself and your loved ones from West Nile virus.

- Wear mosquito repellent when outdoors. Use spray, wipes or lotion.
- Wear long sleeved shirts and pants.
- Avoid areas where mosquitoes are common, like lakes or rivers.

LEARN MORE AT [www.publichealth.lacounty.gov](http://www.publichealth.lacounty.gov) or call 2-1-1